

Informed Consent for Nutrition Services

Anna Marie Long Nutrition, LLC

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I am employing the counseling services of Anna Marie Long Nutrition, LLC so that I can obtain information and guidance about health factors within my own control (diet, nutrition, and related behaviors) in order to nourish and support my health and wellness.

I understand that the clinicians at Anna Marie Long Nutrition, LLC are Dietitians/Nutritionists — not physicians — and they do not dispense medical advice nor prescribe treatment. Rather, they provide education to enhance my knowledge of health as it relates to foods, dietary supplements, and behaviors associated with eating. While nutritional and botanical support can be an important compliment to my medical care, I understand nutrition counseling is not a substitute for the diagnosis, treatment, or care of disease by a medical provider.

Nutritional evaluation or testing provided in counseling is not intended for the diagnoses of disease. Rather, these assessment tests are intended as a guide to developing an appropriate health-supportive program for me, and to monitor my progress in achieving my goals.

I agree to hold Anna Marie Long Nutrition, LLC harmless for claims or damages in connection with our work together. This is a contract between myself and Anna Marie Long Nutrition, LLC, and I understand that it is also a release of potential liability.

BY SIGNING BELOW I AM AGREEING THAT I HAVE READ, UNDERSTOOD AND AGREE TO THE ITEMS CONTAINED IN THIS DOCUMENT.